

IGSSA ATHLETICS CARNIVAL

COMPETITOR INFORMATION AND ORGANISATION

Tuesday 8 September 2026



ENTRIES, SUBSTITUTIONS AND STAFF/COACH INFORMATION

Entries

- Renae Campbell at Perth College will be handling entries. Phone: 9471 2249 / 0401 672 463
Email: renae.campbell@pc.wa.edu.au
- Entries to be submitted by **2pm Thursday 3 September**
- Final changes for marshal pads by **Monday 7 September 10am SHARP! This deadline MUST be met!**
These final changes CANNOT be late as Marshal Pads & Event Sheets need to be created and printed by 12pm

Event Restrictions

- A competitor may enter a **TOTAL of five events**, chosen from the following:
 - Maximum of three track events (hurdles, 100, 200, 400, 800, 1500)
 - Maximum of three field events (shot, javelin, discus, long jump, high jump)
 - One relay
- Competitors are to compete in events for their current academic year only.

Substitutions

- Each school should nominate one person to be responsible for submitting their school's substitutions on the day of the Carnival. This is an attempt to prevent substitutions being made by unauthorised people.
- The nominated substitution person should register **last minute changes on the morning** at the Substitutions desk **between 7:30 – 8:00am on the day of the Carnival**.
 - You will be sent Marshal Pads for Track and Field events (separate).
 - Both pads are to be handed in, with event changes highlighted and all the event numbers requiring changes summarised on the first page.
 - **Even if there are no substitutions, please still check in and hand in these documents!**
- **The only substitutions allowed after 8.00am will be for injury/sickness during the event.** Any substitutions after 8.00am (when the subs desk closes) are to be done by the competitor (and they must have a substitution slip & copy) at:

Track	Chief Marshal in Marshalling Tent
Field	Actual Field event site with Official
- **Note:** You will only need to do 1 sub slip if you are changing the relay order. Please write the old order and then the correct order on the 1 sub slip. **The order must be correct for Marshalling.**

Staff/Coaches

Please be aware of the inside track railing that is now in place – this could be a tripping hazard.

- No parking passes to be given – there is ample parking in the HBF stadium carpark areas
- **All coaches & PE staff are to wear School badge identification.**
They MUST stay behind the fence, outside the track (including 1500m coaches).
One hurdles coach per school is exempt during the hurdles warm up only (on the back straight during the allocated Hurdles warm-up times)
 - ◆ If a coach is found inside the fence, the IGSSA EXO will be notified & the **School** will be given a warning. If the same school is reported with a second offence, the IGSSA Executive Officer will again notify the Director of Sport and the school will have 10 points deducted from their total (field event / track event, depending on the circumstances)
 - ◆ Athletes are allowed to leave their event site to speak to coaches over the fence as long **as their coach is not inside the fence line of the arena** and this does not cause any delay in the running of the event.

VENUE INFORMATION

Spectators/Public/Parents

- Admission for General Public is free, there will be a QR code for an online program (**no printed programs**).
- Parents and public enter through the rear Northern Stairwell and enter in Aisle 1 and 2 – please advise parents and friends that their area will be close to the finish line end of grandstand.
- No parking passes will be given, including for VIPs.
- Spectators/public should not sit with students/staff in school bays – they must sit in their own area.

Program

- A PDF of the Program (for your own printing) and a QR code for an online program will be available once entries are complete.

Competitor Seating

- The Competitors are to sit in the grandstand area in the following order:

Start line								Finish
SAN	PC	PLC	MLC	STM	STH	Iona	PEN	Parents
 Rotation order								

- There are toilets and changerooms under the grandstand that may be used, as well as at the back of the grandstand
- Please take a supply of rubbish bags to the Carnival so that your Competitor's Seating Area can be cleaned up at the end of the Meet.

Bathroom Allocation

- The toilets on the first floor at the **Northern end** will be used by the following:
General Public, Iona, St Hilda's, St Mary's & Penrhos
 - The toilets on the first floor at the **Southern end** will be used by the following schools:
Santa, MLC, PLC & PC
- Schools are responsible for controlling traffic to the toilets so they know where their athletes are at all times.

War Cries and Cheering

- All schools are asked to stress the need for controlled cheering. **Silence to be maintained at the start of all track events (especially if seated near the 100m start line).**
- War cries need to be vetted to determine if they are appropriate.
- **No clackers, rattles, balloons are to be used. No crepe paper allowed.**

EVENT RULES AND MARSHALLING

Warm Up

- **Track/inside grass area available for general team warm up until 8.00am only.**
- **No warm ups can be done over the hurdles set up on the Front straight (main track).** Hurdles warm up is to be done on back straight only at the following time (1 coach per school may supervise this warm up)
Years 7/8 ONLY (8.15-8.35am) Years 9/10 ONLY (8.35am – 8.55am) Year 11/12 ONLY (8.55am – 9.10am)
After this time, perimeter grass, and grass at front of stadium only to be used (BUT **NO** THROWING IMPLEMENTS). All athletes at field events will have a 10 minute warm-up at the event. **Rugby WA field is NOT to be used.**
- Following the hurdles warm up which closes at 9:10am no athletes to be warming on any part of the track at any stage (This includes relay runners - they are NOT to practice on the track!)

Competitor Marshalling

- Track competitors will be called by the Chief Marshal approx. **5 events in advance**.
- Each school is to nominate two of their staff to be the main school marshals. One will marshal field events (they will go out to events themselves at the nominated time) and the other will marshal track events (they will be in contact with the chief marshal via radio) and schools will take athletes to the marshalling area when called for.
- Students must 'check-in' to a field event before they leave for track – otherwise send another student/staff to 'check in' for them & let officials know they will be coming (but no need for this student to stay as a 'stand in').
- Athletes may wear school jumpers/track tops to the Marshal Area if weather is inclement. A basket will be provided for jumpers to be returned to school bays by host school student helpers.

Track Marshalling Locations

- The Chief Track Marshal will call via radio to school Track Marshals for athlete groups. A staff member may accompany athletes to the correct Marshalling location.
- 100m, 200m and Hurdles: Marshal at the Start Line end of the track.
- 400m and 800m: Marshal at the Finish Line end of the track (equipment tent).
- 1500m and all Relays: Marshal at the 1500m start.

Field Events

- Competitors in High Jump events 1 through to 6 will report straight to **the High Jump sites** to commence warm up at **8.15am**. These events will commence at **8.30am**.
- Please ensure that competitors for the first **8 Field events**, other than the High Jump events, head to their sites at **8.30am** in order that they may be ready to start by **8.45am**.
- Field Event Rules as per Amateur Athletics Rulings with one exception: Athletes leaving the High Jump event to compete in other events may re-join the High Jump at the height they were to jump, therefore the bar may have to be lowered for the athlete re-joining the event.
- With the permission of the Official in charge and the Staff on duty, a competitor may leave a field event to compete in a track event and return later to complete the field event. **All field events will close at 12.45pm sharp** (HJ exception if competitors are still jumping)
- All Field event competitors should go to their site approx. 10 minutes before the event is scheduled to commence.
- Field Implement weights:

Javelin	Year 7 and 8	400gms
	Year 9,10,11/12	500gms
Discus	Year 7	750gm
	Year 8,9,10,11/12	1kg (fibreglass or wood)
Shot Put	Year 7	2kg
	Year 8,9,10,11/12	3kg

- Long Jump pits in front of the grandstand will be used.
- Joggers are to be worn by athletes competing in the Discus and Shot-Put events.
- Competitors must use approved Aths WA gear at throwing sites (Can NOT bring their own throwing gear)
- For Shot Put, Discus and Javelin events, measurements will be taken at the end of each throw.
- High Jump – please note location of division 1 & 2 sites

Time	PIT 1	Starting Heights	PIT 2	Starting Heights
8.30am	Year 9 Div 1	1.25cm	Year 7 Div 1	1.15cm
	Year 10 Div 2	1.25cm	Year 7 Div 2	1.15cm
	Yr 11/12 Div 2	1.25cm	Year 8 Div 2	1.20cm *
10.30am	Year 10 Div 1	1.30cm	Year 9 Div 2	1.25cm

	Year 11/12 Div 1	1.30cm	Year 8 Div 1	1.25cm
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Pit 1 - The bar will rise 5cm, 5cm, 5cm, and 3cm thereafter

Pit 2 - The bar will rise 5cm, 5cm, 4cm, 4cm, and 3cm thereafter (*Year 8 Div 2 to rise 5cm, 4cm, 4cm and 3cm....)

Track Events

- Hurdles**

Year 7	Distance 80m	Height 76cm *(increase from 68cm in 2018)
Year 8	Distance 80m	Height 76cm
Year 9 and 10	Distance 90m	Height 76cm
Year 11/12	Distance 100m	Height 76cm
- Year 7 and 8 hurdlers will be marshalled as one group, followed by 9/10 hurdlers, and then 11/12 hurdlers after their warm up. They will be permitted to warm up over the hurdles on the back straight and then be called in these groups to marshalling. **The year 7/8 hurdlers have the first warm up session**, and when called to marshalling the Year 9/10 hurdlers can move onto the track for a brief warm up on the back straight before being called to marshalling. The Year 11/12 hurdlers will start their warm-up once the 9/10 hurdlers move to marshalling.
- One staff member or coach from each school, plus Staff from the host school, will supervise the warmup for hurdles.
- Several divisions of track events will be escorted to the starting line together. The latter divisions are to go behind and wait quietly for the signal to move up to the starting blocks. As soon as one division is off the mark, the next division moves into position.
- In all individual track events (except for Year 8 and Year 10, 1500 metres) the athletes are to wear the number stickers of their lane **on the front** of their shirts and on the **right hip** (facing the grandstand). In the relay events the **final runner only** wears the numbers. The stickers will delivered to you prior to the carnival.
- 1500 metre events wear 3 stickers (chest, right hip & back). These events will all be marshalled together at the 1500m marshalling tent near the 1500m start. They will be marshalled at 8.15am for an 8.30am start. **(Send your athletes straight to this 1500m marshalling area)**
The Year 7 and 8 athletes will compete in the same event with the **Year 7's wearing numbers** and the **Year 8s wearing letters**. In the next event the **Year 9's will wear numbers** and the **Year 10's athletes will wear letters** and the final 1500m race for **Yr 11/12's will wear numbers**.
 - All stickers are provided to each school by IGSSA for them to place on their own athletes correctly.
- Starting Procedure**
 - All runners in Sprint events (including 400.) must use a crouch start.** The use of blocks is optional. If a student is unable to use a crouch start (in the event of injury etc., please advise)
 - Starting Blocks will be provided by Athletics WA (good quality ones). Schools **cannot** use their own.
 - An athlete's toes must touch the ground when their feet are in the starting blocks.
- False Starts**
 - The current IAAF False start rule will apply - any athlete responsible for a false start shall be disqualified (no dispensation given to Under 14's - Year 7 & 8 Students).
 - Should a student be disqualified at the start from a track event, they will still be allowed to run in any restart as an 'exhibition run'. Starter to notify track referee / results of the DQ to adjust results accordingly.
- Relays**

- The four runners competing for a school in a Division One relay in a particular Year Group should be **faster** than the four runners in the Division Two Relay team.
- As with all track events, relay runners must report to the marshalling area before they are escorted to the changeover areas (Relay track marshalling is near the 1500m start line). Send your team of 4 runners together as one group (and encourage them to move swiftly).
- Relay batons will be provided by Athletics WA and the host school. School cannot use their own.
- In the 800 metre events, the runners will commence in lanes and move in after 100 metres.
- **Spikes**
 - Spikes must not exceed 7mm in length. Only Christmas Tree or Pyramid spikes to be worn.
 - Athletes **are to remove their spikes when entering a paved or concrete area.**

OTHER OPERATIONAL INFORMATION

Closing Ceremony

- School Year Group Captains, and Whole School Captain and Vice Capt. are to move down to the presentation area in full tracksuit with the school flag 5 minutes after the final event, while results are being finalised.
- Announcer to invite representative from the Host school to do an Acknowledgement of Country
- Announcer to request for all the stand for the National Anthem (host school to sing).
- Announcer will ask teams to be seated and introduce the host school Principal.
- The Head Girl/ Sports Captain from the Host School will give a speech.
- After speeches, the presentation of trophies/ pennants will occur in the following order:
 - 1) **Age Group Pennants** - Year Captain of winning School to come forward - no speech.
 - 2) **The Champion Track School Trophy** – Captain of winning school to receive trophy - no speech
 - 3) **The Champion Field School Trophy** - Captain of winning school to receive trophy - no speech
 - 4) **The Dunklings Trophy** for the School gaining the highest aggregate points
- The Captain of the winning School is to come forward to receive trophy and thank Athletics Officials and other Schools. (Please brief your captains on what they should say – see Guidelines for speeches at carnivals document)
- The Captain of the runner up Champion School is to call three cheers for the winning School.
(Please brief your captains on what they should say – see Guidelines for speeches at carnivals document)
- The Announcer will then conclude the presentations.
- On conclusion of the ceremony, athletes will be dismissed for bus assembly:
 - Based on 2025 information - TBC based on 2026 bus information from schools.
 - *Dismissal order (assuming buses are on time and ready) will be in two waves.*
 - *First wave (buses out the front early): St Hilda's, Perth College, Santa Maria & MLC (MLC to walk to parent pick up area at Perth HPAC, plus one boarders bus).*
 - *Second wave (as buses arrive): Penrhos, PLC, Iona & St Mary's.*

Photographer

- Schools can have **one** official photographer to access the track and field area. **Please supply these staff with your OWN fluoro vest and make sure they have a badge identifying the school they are with.** Any photographers without the fluoro vest and badge will be removed from the arena.

Catering and Drinks

- A kiosk will be open to serve the general public, teaching staff & students. Schools may opt to use this facility but must monitor their students. **You can NOT bring in your own mass catering for staff / students.**

- Students may bring their own food, drinks and snacks etc. in non-glass containers. (You may wish to bring your own supply of water for your students to avoid them having to go to the toilets / fountains)
- Any staff that are an official at a field or track site or have an 'official role' as requested by the IGSSA ExO (excluding relay changeovers) will be catered for by the Host School.

First Aid

- Please ensure that you bring a first aid kit to keep in your seating area in the stands so that there is less need for spectators to go down to the first aid room.
- Schools will need to nominate someone as the person to oversee all matters related to first aid for your school (they will also be the contact person for first aid with any injuries to your students during competition). This should be done through the School Specific Contact and Other Information.
- St Johns Ambulance Officers will be in attendance on the day.

Livestream

- The event will be streamed live on: [IGSSA Athletics Carnival 2026 - YouTube](#)
Please share this link with your school community but ask your Social Media/Marketing teams not to publish this on social media. Internal communication is fine.

Officials

Please complete details for your Track and Field Event Staff Officials by **Friday 21st August**.

Link as follows: [2026 School Staff List for Official Positions.docx](#)

- All schools must supply staff to act as officials on the day – they must not be Aths coaches!
- An Athletics WA official will be the Chief of Site at each site.
- Officials are asked to wear comfortable sports clothing and bring wet weather gear if required
- Briefings are essential for officials to attend, and be on time to:
 - 8:00am – Track Officials @ Equipment Tent
 - 8:00am – High Jump Officials @ High Jump Site 2
 - 8:10am – Field Officials @ Equipment Tent
 - 12:30pm – All Relay Officials
- The Chief of Site Official will receive a file containing rules, names of competitors and event recording sheets.
- A letter to staff officials outlining this information and more is available in the Athletics web portal – please pass onto relevant staff.

School Contacts, Squad Numbers, Captains & Bus Information

Please complete details in the below document by **Friday 21st August**.

Link as follows: [2026 IGSSA Athletics School Specific Contact Information.docx](#)

If you have any queries, please contact.

Izzie Day

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